

## Food Management Policy

This policy links to:

The Early Years Foundation Stage (DfE 2012) Statutory Framework – Setting the standards for learning, development and care for children from birth to five.

School Food Trust (2012) Eat Better, Start Better – Voluntary Food and Drink Guidelines for early Years Settings in England – A Practical Guide

### Policy Statement

The nursery adheres to the principles of HACCP and all food is prepared, stored and served according to the guidelines set by the Foods Standards Agency.

All staff are aware of basic food hygiene procedures and at least two members of staff holds a level 2 in Food safety and catering certificate. The nursery is inspected annually by the Environmental Health and Trading Standards

### EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.3 Keeping safe 1.4 Health and well being		3.2 Supporting every child	

### Procedure

We aim to ensure that the standard of table manners and behaviour, which is expected, is consistent. Snack /Meal times should be a social occasion for both the staff and children.

- Individual dietary requirements is respected and planned for in advance.
- Children are given sufficient time to eat- no child will be rushed.
- We provide roll on snack for the children, so the children come and eat when they are ready to and their play isn't interrupted, snack is available throughout the session.
- All children are encouraged to be independent while ensuring they also get the help and assistance they need.
- The nursery encourages healthy eating.
- The nursery ensures that food provided is varied, balanced, healthy and nutritious.

### Snack

- two choices of fruit
- a savoury e.g. crumpet, toast, biscuit, crackers, scones.

### Drink

- We recognize how important it is for children to have plenty of fluids during the nursery day.
- Fresh drinking water is always available to the children throughout the day
- Squashes and other sugary drinks are not permitted in the nursery
- We encourage children to drink milk or water
- During hot weather the children are encouraged to drink extra water during the day to ensure they keep well hydrated

## **Payment procedure**

- Parents/guardians will pay £1.50 for 3year olds and £1.00 for 2year olds per week for snack.
- Payments will be made every term.
- If children are ill and do not attend nursery snack payments will not be carried forward, as snack is bought for all the children on a weekly basis.

## **Flexible hours**

### **Payments**

We value our relationship with parents and would like to have a procedure fair for all. All payments must be made prior to extra flexible hours, as we are unable to function without the payments, if payments are not prior to the session beginning the child will not be able to participate in the session. The parents must give minimal 24 hours notice to request the flexibility needed. Parents will not be refunded if they do not attend the paid additional session.

### **Breakfast hour**

Breakfast club will be from 8.00a.m- 8.45a.m. The breakfast will be provided by the nursery, which will be included in the price of £5.00. All fees must be paid before each session otherwise the child will not be able to attend. All monies due must be paid in cash. We will not allow for arrears to be carried over. Breakfast will be provided by the nursery. The child will be offered a choice of two cereals, yogurt, toast, fruit, milk or water to drink.

### **Parents who bring in packed lunch**

- Parents need to label children's food in insulated lunch bags. They must not bring food in plastic carrier bags.
- Only cold food can be brought to the nursery (food will not be heated)
- Parents will not be allowed to send in any chocolate, fizzy drinks, juices and unhealthy food
- We will allow bottles of water or fresh juice. We will not allow i.e fruit shoot bottles or juice.

### **Celebrations**

Parents will not be allowed to bring in cakes and sweets for other children. This will be sent home as we are promoting healthy eating-\* This is done in order to promote healthy eating in the nursery.

Parents will be able to bring in a substitute e.g. raisins or healthy snack. Maybe a colouring books, crayons or stickers.

On request from parents we will inform the children during discussion time, that it is the child's birthday and say a little blessing for the child.

Signed on behalf of The Olive Garden Nursery

**Issue 1: April 2010**

**Issue 1: Reviewed October 2010**

**Issue 2: Amendment December 2011**

**Issue 2: reviewed December 2012**

**Issue 3: Amendment August 2014**

**Issue 4: Amendment July 2015**

**Issue 4: Reviewed September 2017**

**Issue 5: Amended August 2020**

**Issue 5: Amended January 2021**

**Issue 6: Amended September 2021**

**Issue 6: Reviewed September 2023**